

Winter menu 2011 - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Bacon & sausage casserole with jacket potato & winter greens	Bunny soup (carrot, lentil & tomato) with grated cheese & bread roll	Country beef colcannon pie with carrots & peas	Roast pork, sage & onion stuffing, apple sauce & gravy with roast potatoes & seasonal vegetables	'Finger lickin' jerky chicken', potato wedges, French beans
BLUE	Cheesy baked jacket potato with baked beans	Macaroni cheese with crispy bacon & crusty bread	Nemo's shellfish crumble peas & sweetcorn	Tuna & corn chowder with bread roll	Ham Ploughman's salad with pickles
GREEN	Vegetarian sausage casserole with jacket potato & winter greens	Bunny soup (carrot, lentil & tomato) with grated cheese & bread roll	Harvest barley soup with bread roll	Quorn roast, sage & onion stuffing, apple sauce & gravy with roast potatoes & winter vegetables	Oven roasted vegetables with savoury cous cous
	Greek yoghurt with honey & raisins	Double chocolate hot drop	Thumbelina's semolina with hot fruit sauce	Fresh fruit salad with evaporated milk	Fruited flapjack
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

- Bread available daily
- Where indicated, Halal chicken can be served if requested

Winter menu 2011 - Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Cooks mild chicken & chickpea curry with rice & pitta bread	'A winter warmer one pot wonder' (contains pork) served with bread	Minced lamb hot pot served with seasonal vegetables	Moby Dick's creamy mixed fish & leek pie carrots & sweetcorn	Spaghetti Bolognes with grated hard cheese & wholewheat pasta
BLUE	Pilchards in tomato sauce with jacket potato & salad	Leek & mushroom carbonara with salad	Cheese & onion pie served with spaghetti hoops	German split pea & sausage soup served with crusty bread	Chicken, sweetcorn & mayonnaise filled roll with salad garnish
GREEN	Cooks mild chickpea & vegetable curry served with rice & pitta bread	'A winter warmer one pot wonder' (vegetarian) served with bread	Lentil & vegetable hot pot served with seasonal vegetables	Puff pastry vegetable slice with potatoes, sweetcorn & carrots	Vegetarian spaghetti Bolognese with grated hard cheese & wholewheat pasta
	Apple tart & custard	Seasonal fresh fruit salad with whippy cream	A British classic... bread & butter pudding	Fruited jelly and ice cream	Homemade rock cake with milk
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

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Winter menu 2011 - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Pepperoni pizza with baked beans or coleslaw	Roast beef or roast chicken (alternated 3 weekly) gravy & trimmings, roast/new potatoes & winter vegetables	'Battered up' fish 'Walk the plank' chips & 'shipwreck' peas with fresh tartare sauce or tomato ketchup	Italiano pork meatballs with savoury cous cous served with peas & sweetcorn	Pan Haggerty (contains bacon) served with tomato salad & foccacia bread
BLUE	Alabama chilli and rice	Rumpy Pumpu pulse & vegetable soup with bread roll	Lemony leek & mushroom risotto	Fusilli salmon carbonara with salad	Cheese Ploughman's sala with pickles
GREEN	Vegetarian pizza with baked beans or coleslaw	Roast Quorn gravy & trimmings, roast/new potatoes & winter vegetables	Vegetarian breaded 'dead man's fingers' 'Walk the plank' chips & 'shipwreck' peas with fresh tartare sauce or tomato ketchup	Vegetable paella	Vegetarian Pan Haggerty served with tomato salad & foccacia bread
	Wait 'n' see pudding	Winter fruit crumble with evaporated milk	Fresh fruit salad & ice cream	Lemon swirl sponge with custard	Cheese, cracker & apple
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

- Bread available daily
- Where indicated, Halal chicken can be served if requested